



# glad tidings

a newsletter of  
the first spiritualist  
church of salem

muriel karolides, pastor emeritus

## losing yourself in the moment

*In the Wednesday night spiritual unfoldment class, various class members have been entering trance states...full and partial trance. Gary Hansen has graciously allowed us to share a message brought forward by a monk (Buddhist?) working through him. Some portions of the message were not readily decipherable (included in brackets), but no doubt, you will find the rhythm and the meaning of the words as touching and simply profound as did all of the class members.*

Some of you have practiced those things that focus on your breathing. These practices allow you to focus on the simple thing—to be lost in the moment.

We would often lose ourselves in the washing of the floors.

Day after day.

Month after month.

Falling {?} into the washing of the floors.

Losing ourselves in the moment...over...and over...and over again.

And before us, hundreds of others had washed the floors before us and lost themselves in the moment—that Great Beautiful Moment.

We are one with washing the floor

Even though the floor {.....}

And it had been washed many times before—you can lose yourself over... and over...and over...in the washing of the floors.

There is nothing but you in that moment.

You cannot {begin in the morning but?} wash the floor.

But hopefully, each of you can find a way to lose yourselves in the moment.

Whether that be in a beautiful garden or in the sweeping of your kitchen floor or the washing of your dishes.

Please find a way to lose yourself in that Beautiful Moment.

Nothing else matters.

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### *glad tidings*

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first spiritualist church of salem  
34 warren st., salem, ma 01970  
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the national spiritualist  
association of churches  
since 1894

### pastoral committee

**mrs. mary ciaramitaro**  
**ms. patricia cizewski**  
**mrs. priscilla herrick, cm**  
**mrs. nancy karolides, cm**  
**mr. david leclair, ch**

ch—commissioned healer ch  
cm—certified medium cm

### *Editor's Note:*

*This series of articles is written by members of the First Spiritualist Church of Salem. Visit our website at [www.firstspiritualistsalem.org](http://www.firstspiritualistsalem.org) and share your thoughts about what you'd like to see on the website and read in the newsletter. Email at [info@firstspiritualistsalem.org](mailto:info@firstspiritualistsalem.org).*



## healing sanctuary

by pat cizewski, editor

**H**ealing is such an important part of Spiritualism that it seems fitting as we enter the late spring to revisit the healing services offered by the First Spiritualist Church of Salem. As the world around us rejuvenates and enlivens, so too, can we.

Every Sunday beginning promptly at 6:30 pm we hold our weekly healing service. This service opens with a hymn and the *Prayer for Spiritual Healing* (see Page 4) leading to a guided healing meditation. For those in need of healing, our healers are available to offer spiritual healing through laying-on-of-hands. This is not faith healing, but energy healing wherein our healers serve as conduits for the healing energy from spirit to come through them to help you. This is akin to other energy healing practices such as Reiki, therapeutic touch, and healing touch. Our healers, if they physically touch at all, are only permitted to touch the head and shoulders. Furthermore, they are not allowed to diagnose conditions nor prescribe treatments, and this healing is offered in partnership with, not in lieu of, traditional (allopathic and holistic) medicine. For more information about spiritual healing, visit our website at [www.firstspiritualistsalem.org](http://www.firstspiritualistsalem.org).

Also practiced at every healing service is absent healing. Through our thoughts and prayers and words, we can send the Divine healing energy to those who are at a distance from us. Again, none of these healing modalities is predicated on belief...religious or otherwise. Obviously, if someone is more open and receptive to healing, then that is the most conducive attitude and mental environment for healing to occur...regardless of whether one is receiving spiritual healing and/or traditional healing modalities.

One Saturday a month, the First Spiritualist Church of Salem opens at noon for several hours for members of the community to find sanctuary and healing. Our church healers are available for laying-on-of-hands, or folks can just come and sit for a while offering silent prayers, meditating, and finding that bit of peace and quiet for a time. Anyone of any age is welcome and there is no fee associated with healing at the First Spiritualist Church of Salem. Please, bring your loved ones who are in need of healing. Recommend it to your friends and acquaintances. Whether healing is needed in body, mind, or spirit, we are here to provide anyone in need of healing with this service.

A healing sanctuary...a healing touch...a healing heart. Join us on Sundays at 6:30 pm and Saturday, June 7 at noon (open until 3 pm) for your inner and outer rejuvenation.

*Your feedback is encouraged.*

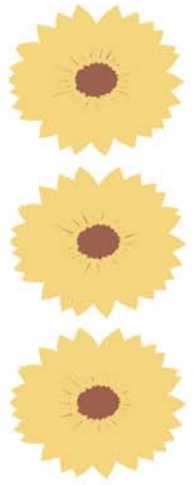
*Emails can be sent to [info@firstspiritualistsalem.org](mailto:info@firstspiritualistsalem.org) with the subject line, To the Editor. You can also submit newsletter materials through this same email address.*

## declaration of principles

1. We believe in Infinite Intelligence.
2. We believe that the phenomena of nature, both physical and spiritual, are the expression of Infinite Intelligence.
3. We affirm that a correct understanding of such expression, and living in accordance therewith, constitute true religion.
4. We affirm that the existence and personal identity of the individual continue after the change called death.
5. We affirm that communication with the so-called dead is a fact, scientifically proven by the phenomena of Spiritualism.
6. We believe that the highest morality is contained in the Golden Rule, "Do unto others as you would have them do unto you."
7. We affirm the moral responsibility of individuals, and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws.
8. We affirm that the doorway to reformation is never closed against any soul here or hereafter.
9. We affirm that the precepts of prophecy and healing are Divine attributes proven through mediumship.

# president's report

*by rev. bradley gosselin*



In accordance with the wishes of the membership, we have purchased a Bose® radio/CD player for use in the sanctuary during services and programs.

Arrangements are being made for our spring/summer cleanup. Some members have volunteered for this project and hopefully it can be coordinated so that it can be completed in a timely manner. Please contact a board member if you can or are willing to assist with the cleanup.

We are in the process of arranging to complete the following projects.

- 1) Replace the back stairs.
- 2) Clean up the side of the building between our property and 36 Warren St.
- 3) Replace the fence between our property and our neighbor.

We hope to have all these projects completed during the summer. These are expensive projects. We have several fundraisers scheduled before the church closes for the summer. Please help us with your support for these events, The schedule may be found in this newsletter and on our website.

In love and Light,  
Rev. Brad Gosselin NST  
Church President

## Upcoming Events:

**June 7 Healing Saturday starts at noon (free, open to the public)**

**June 28 All message service and potluck dinner, begins 5:30 pm**

**July 10 Lily Dale Trip**

## 2008 meeting schedule

### board meetings

board and church members only

sunday may 18, 4 pm

### guild meeting

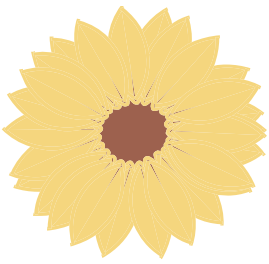
open to everyone

tba

### board of trustees

rev. bradley gosselin, president  
mary ciaramitaro, vice president  
laurie drake, secretary  
joyce de fazio, treasurer

patricia cizewski, trustee  
naomi ellis, trustee  
sue hinckley, trustee  
gary hanson, trustee  
david leclair, trustee



## Healing

If you know of someone who is in need of healing, please submit the name through our website at [info@firstspiritualistsalem.org](mailto:info@firstspiritualistsalem.org). Place "healing" in the subject line. Names that are submitted are forwarded to the healers of our church to be remembered in their healing meditations as well as being placed in our newsletter. Please take the time to send your healing thoughts and energy to those on our healing list:

### *for our loved ones*

Amy Rose	Anthony	Carol B.	Don H.	
Elizabeth	Francesca	Frank	George	Helen
Howard P.	Jason	Jeff	Jen	Jim
Joan P.	John	Joshua T.	Judy	Kathy Z.
Kayla	Kerry	Kim	Kristen	Kristen S.
Lynda	Madesyn	Marilyn	Mary P.	Millie
Norman	Pauly	Peg C.	Phoebe	Raymond
Sandy	Stas			

And the homeless, may they have a hot meal and a warm and safe place to lay their heads.

Special prayers for Joyce De Fazio on the transition to spirit of her mother and her cousin. And to Pat Cizewski for the transition to spirit of her companion animals: Tigger, Bear, and Cocoa.

## healing center: june 7

One Saturday a month the church is open for healing from noon to 3 pm. Stay 5 minutes or 3 hours, sit in meditation, pray, receive a healing by laying-on-of-hands, or send absent healing to a loved one. Pray alone or pray together. You needn't be a Spiritualist to participate. Bring a friend or loved one in need. Open your heart to healing Saturday, June 7.



### the olmstead healing center

David LeClair, certified spiritualist healer

private healing by appointment only

28 riverside street

danvers

978-774-2559

## prayer for spiritual healing

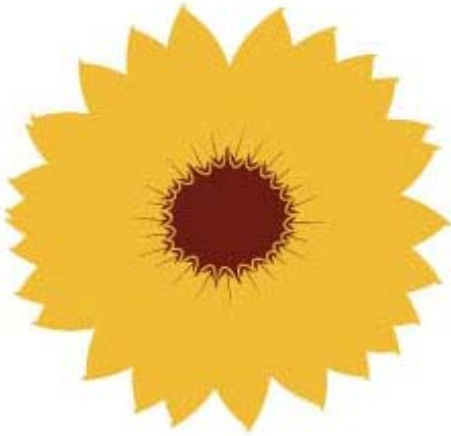
I ask the Great Unseen Healing Force to remove all obstructions from my mind and body and to Restore me to Perfect Health. I ask this in all Sincerity and Honesty, and I will do my part.

I ask this Great Unseen Healing Force to help both present and absent ones who are in need of help, and to restore them to perfect health. I put my Trust in the Love and Power of God.

## healing services

Healing is available every Sunday evening beginning at 6:30 pm. The healing service begins with prayer and song followed by a meditation, at which time our healers are available to give healing through the laying-on-of-hands.

The congregation participates by contributing their own healing thoughts and prayers during the meditation and in sending absent healing to those whose names have been placed in the healing book.



## pastoral committee

### unity

*by david leclair, commissioned healer,  
pastoral committee member*

**A**s we grow, we are allowed to make choices. Most of our choices are the right ones, but sometimes our choices bring us down a path that we did not expect. We learn from this, rethink our future, and make the necessary changes. This is a learning process that starts at the very beginning of life and goes to the very end when we make our transition. This is how we grow.

We have made a choice to be a part of this vibrant church and all that it stands for. We have chosen Spiritualism for our path. We all have an understanding of what this entails. Some of us will attend church every Sunday and be a battery for those who are progressing on their spiritual path as mediums. Those who stand before you may give a small sermonette or a lecture; others will give personal messages to those who sit, and still others will give healings.

We, as workers for Spiritualism, must devote ourselves to spirit. As we sit in our development classes, we learn how to raise our vibrations so we may become more in tune with spirit. We do this so that we may bring you the true wisdom of the spirit world through our sermonettes or lectures. As message bearers, we will bring your loved ones and give you a personal greeting...a personal greeting with proof...so that you will know that the message is truly from your loved one. We have chosen to work with, and train ourselves to work with, spirit so we can be the very best we can.

When we give healings, we become a vehicle for spirit. We are all healers—for all it takes is a smile, a kind word, a thought, or even a simple touch on the shoulder to give someone the comfort they are seeking. To progress as a healer we must join with spirit. When we ask for spirit's help, we must be sincere. We should not ask for their help and then change things to fit our needs. We must have faith to accept what spirit gives us to pass on to those in need. We must strive to be the very best that we can by having true faith in what we are asking for and the trust in them (spirit) for what they give.

Some people come to this church from other religions and beliefs and they may be seeking the comfort that our religion provides. And because of our dedication to spirit and their teachings, we may be the support for all seekers.

We frequently talk about our elders who worked so long and hard to promote this religion and to prove to others the comfort our religion brings. Our elders brought forth this religion with their dedication from a time when Spiritualism was not readily accepted. It is now up to us to further their great work and continue to bring this religion forward, and we do this by devoting ourselves to spirit and striving to be the best we can. We ask and receive so much from spirit and they are so willing to help and guide us, they deserve only the best from us.

Remember, we are working with spirit. It is a team effort. Spirit has chosen to work with us, each with our own guides so that we may bring forth their words of wisdom, messages and healings. As a healer, we should strive to be as great as Harry Edwards; as a lecturer, we should strive for the highest and most wonderful gift of being a full trance medium, and as message bearers, we need to train our guides to give proof in their messages so there will be no doubt that it is a true message from spirit.

If we devote ourselves to spirit, all of this and more may be obtained. If we do our part, we shall move our religion further into the future and prove Spiritualism to be the wonderful religion that it is. And if we devote ourselves to spirit, all the workers in this church will be known as the very best that there is and make the National Spiritualist Association of Churches proud.

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## sunday services

all services are open to the public  
newcomers welcome

## student service

5:30 pm

students enrolled in development class demonstrate mediumship by inspirational speaking and spirit greetings. a light lunch is served following the early student service.

## regular service

begins with healing at 6:30 pm

featured guest speaker and message medium schedule as follows:

**may 18**

rev. catherine snell

**may 25**

rev. brad and rev. betty gosselin

**june 1**

marcel "buddy" routhier

**saturday, june 7: healing center open  
noon to 3 pm**

**june 8**

rev. lynn and rev. brian kent

**june 15**

michael carter

**june 22**

dot thurlow

## events

### saturdays, the drawing room

private readings with spirit-inspired drawings by the rev. elizabeth gosselin, nst.

by appointment only  
call 978-774-1571

for more information about the church or the religion of spiritualism contact:

[info@firstspiritualistsalem.org](mailto:info@firstspiritualistsalem.org)

all emails are read

